Female Portrayals in Advertising
Past Research, New Directions

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Abstract: The depiction of females in advertising has received considerable academic attention, fuelled by the feminist movement and the evolution of women’s roles in the society. Early studies revealed the prevalence of traditional portrayals such as housewives, women dependent on a man’s protection and depictions of sexual objectification. Even though a decrease in female stereotyping would be reasonable considering the contemporary structure of society that prescribes multiple gender roles, this does not seem to be the case: The literature is replete with studies documenting that female stereotyping is alive and well, even if it manifests itself with different types and patterns than it did some decades ago. This study strives to adopt a holistic outlook to the phenomenon of female stereotypes in print advertisements, tracing its origins, analyzing the interplay of stereotypes and advertising, undertaking an exhaustive perusal of the particular stream of literature, addressing methodological issues and proposing directions for further research.

Keywords: Stereotypes in Advertising, Hofstede’s Masculinity Dimension, Goffman’s code scheme

1. Introduction

The investigation of gender stereotypes in advertising is counting five decades of research, resulting in a significant body of knowledge. The particular stream of literature was inflamed by several social and historical contingencies: The rise of the women’s movement in the 1960s contested equal opportunities for males and females and propelled a gradual change in occupational settings and domestic structures as well [1] [2] [3]. The tendency of more and more women to acquire higher education, their growing participation in the work force and the claim for highest and executive positions previously dominated by their male counterparts, brought about compelling changes. Not only did women acquire a financial independence that allowed for an increased disposable income, but more importantly, their social and educational status has significantly evolved. As a result, ethical considerations and concerns regarding their portrayal in cultural vehicles such as advertising were instigated.
According to several feminist theorists, the Western thought has been constructed on a systematic repression of the feminine [4] [5]. The resurgence of the feminism argued that advertising in popular media can be viewed as a primary means for introducing and promoting female role stereotypes and sexism, articulating a call for academic research endeavors. Particularly, feminist theorists mainly centered on the following images: portrayals that were unrealistic and limited, pictures of women as sex objects, “happy housewives” themes of females as incompetent, portrayals of women’s’ dependency upon men and underrepresentation of working women [6] [7]. This criticism may have influenced female portrayals, since later on, some evidence was found indicating a shift towards fewer depictions of dependency and sexualization [8] [9]. However, during the 1980s and 1990s, feminist ideas were somewhat weakened [10] and attitudes regarding women’s’ sexual freedom were clouded. Although media seemed to advocate pictures and stories of female empowerment and personal independence, a fertile ground was again provided for the incorporation and promotion of female sexualized images in advertising pictorials [9]. However, attitudes toward female sexism were not similar to the pre feminist period: In the 1990s, female sexual imagery was regarded as radical rather than unfair and exploitative [2].

Interestingly, although the role of women in society began to shift since the 1960s, the pertinent literature seems to indicate that female portrayals in advertising have been slow to adjust to their evolving status. Particularly, the depiction of women in professional roles and voices of authority at the expense of housewife roles and dependency representations, reports a significant time lag before its depiction in advertising imagery [11]. Even today, recent studies postulate that advertisements do not reflect contemporary gender roles [2] [3] posing concerns that advertisers incorporate stereotypical images that no longer exist [12]. Possible reasons could be traced to cultural effects and the role of social institutions that may continue to diffuse non-egalitarian attitudes and hierarchical patterns in the relationship between males and females. On the other hand, it could be speculated that advertisers may consciously promote female traditional roles and sex object representations in order to satisfy the male gaze, provoke, and stimulate hype.

2. Advertising and Stereotypes

According to Perkins [13] a stereotype is considered as a group concept that reflects inferior judgment and gives rise to a simple structure, implying a high probability that stereotypes are predominantly evaluative. Barker [14] argues that a stereotype involves the reduction of persons to a set of exaggerated, usually negative, character traits and stressed that stereotyping reduces, naturalizes, and fixes differences. Stereotypes do not necessarily bare negative connotations, though may lead to oversimplified conceptions and expectations that devalue and restrict potential opportunities of subjects of a social category [15] [3] [16]. Gender stereotypes in particular, are defined as beliefs that certain attributes differentiate women and men [17]. According to Deaux and Lewis [18], gender stereotypes have four different and independent components: trait descriptors (e.g., self-assertion, concern for others), physical characteristics (e.g. hair length, body height), role behaviors (e.g., leader, taking care of children), and occupational status (e.g. truck driver, housewife). Every integral part is associated with a masculine and feminine version, which is strongly related to males and females, respectively. Each gender stereotyping component may lead to negative consequences particularly for women,
such as body dissatisfaction, reduced self-confidence and confinement of professional opportunities. Hence, it is no surprise that the European Parliament [19] gave careful consideration on the avoidance of gender stereotypes, raising public policy concerns toward marketing activities that promote them. According to Tuchman [20] such stereotypes provide a limited “vocabulary of interaction”, encouraging people to think and speak of women primarily in terms of their relationship to men, family, or their sexuality. Gender stereotypes in the media, and the mass media in particular, have a long-recognized capacity to define “socially-acceptable” ways of being or relating to others, as well as to give, or withhold, public approval (and status) to, or from, certain groups [21].

The “Mirror” versus the “Mold” Argument

The nature of the relationship between gender-related values of society and gender stereotyping in advertising is the focus of a long-standing debate. Two opposing arguments have been articulated, the “mirror” versus the “mold” argument [22] [23] [24]. According to the “mirror” argument, advertising reflects values that already prevail in a cultural context [22] [15]. The rationale behind this argument lies in the existence of multiple interrelated factors in the contemporary socioeconomic and political environment that influence the value system of a society. Therefore, the impact of advertising seems insignificant. In this light, men and women featured in advertisements generally have been typecast to adhere to the dominant concepts held regarding gender roles [22]. Conversely, the “mold” argument postulates that advertising molds and impacts on the values of its target audience [23] [24]. This view considers advertisements as a reflection of society, and its prevailing cultural values [25]. According to Cultivation theory [26], peoples’ view of social reality is shaped by the media. They tend to incorporate stereotypes presented by the media in their own concepts of reality so as to match the particular promoted images. Ultimately, this process contours individual behaviors in a way that even the relationships of human beings with themselves, their bodies and their partners are influenced by advertising [27].

However, gender identities are socially constructed [28] and advertising proposes lifestyles and forms of self-presentation that individuals use to define their roles in the society [29]. The majority of ad campaigns invoke gender identity, drawing their imagery primarily from the stereotyped iconography of masculinity and femininity [30]. According to Goffman [31], advertisements picturing men and women in interaction offer “gender displays” that educate the viewer about conventional modes of gender interaction and sex roles. Taking all the above into consideration, it could be suggested that the truth lies somewhere in the continuum between the “mirror” and the “mold” argument. Since advertising, as a system of visual representation, creates meaning within the “circuit” of culture, it seems that it both reflects and contributes to culture [32] [33]. According to Kilbourne [34, pp. 57-58]: “Advertising is our environment. We swim in it as fish swim in the water. We cannot escape it...advertising messages are inside our intimate relationships, our home, our hearts, our heads.”

Advertising and Sexism

The literature [35] [34] [36] [37] generally agrees that advertising clearly contributes to gender inequality by promoting “sexism” and distorted body image ideals as valid and acceptable. Sexism refers to the portrayals of women in an
inferior way relative to their capabilities and potential, and is manifested in the depiction of cliché traditional and decorative roles in advertising [35] [23] [2]. Even though exposure to sexually objectifying advertisements is found to produce anti-women attitudes [38] [39], the sexual victimization of women is glamorized in advertisements [34] and is suggested to provide a backlash against women’s increasing power in society [40].

The Ambivalent Sexism Theory [41] contends that in most societies, two different components of sexism are evident: Hostility and benevolence. Hostile sexism is explicitly antagonistic toward women who are considered to be challenging men’s power and seeking to gain control over them. In other words, it attributes negative criticism to women who do not ascribe to traditional roles. It presents women as unfit to make important decisions, depicting them as easily manipulated, vulnerable, and weak. On the other hand, benevolent sexism is a subjectively positive attitude toward women who are seen as warmer but less competent than men. This form of sexism is more subtle and it evokes feelings of protectiveness and sympathy toward females, on the grounds of their inferiority. Benevolent sexism is suggested to promote traditional subservient female roles and is related to the depiction of women in decorative roles in advertising [42] [41] [29]. Both hostile and benevolent sexism are evident in categories of female role stereotypes in advertising [42] [41].

It is interesting to observe that modern media seem to portray female bodies through the use of “retro-sexist” imagery of women in advertising [43] [2]. Retro-sexism is defined as a social and stylistic phenomenon, based on the communication of culturally sanctioned aspects of femininity related to notions of dependency, attractiveness, and adherence to household tasks [44] [10]. Whereas some researchers suggest that retro-sexism in advertising appears to empower women, others contend this phenomenon can be seen as a backlash against feminism [45]. The main difference between retro-sexism and earlier female sexualized images lies in the assimilation of feminist criticism against sexist advertising, so as to produce “commercial femininities” in the service of commodity consumption [37, p. 505].

3. The Relevant Literature

A sound literature on female portrayals in advertising has been developed, using content analysis as an instrument for the elucidation of stereotypical depictions. Print advertisement in particular has been excessively investigated, as magazine advertisements provide a “frozen frame” that facilitates thorough visual examination and the application of a code scheme [9]. Even though research in female stereotyping counts more than fifty years of research applied in various cultural contexts, the relevant studies reveal that empirical findings regarding the frequency and type of female stereotyping are far from similar. A summary of key studies’ context and major results is illustrated in Table 1.

Early studies examining female advertising portrayals argued in favor of stereotypical depictions that mostly evolved around domestic settings and traditional occupations, concerned with physical attractiveness or sexualized images. Courtney and Lockeretz [46] argued that advertising shows that a woman’s place is at home, that women are dependent on a man’s protection and that women appear incapable of making important decisions. They also postulated that females are presented as sexual objects and are not regarded as whole people. In a similar vein, in a
longitudinal study of female role stereotypes in print media from 1958 to 1970 and 1972, Belkaoui and Belkaoui [47] demonstrated that women are primarily portrayed in traditional and decorative roles, failing to mirror the changing role of women in society. This kind of stereotyping was corroborated by following studies conducted even in the mid-eighties [48] [49] [8] [50]. For instance, Sexton and Haberman [48] postulated that advertising imagery portrays females in housewife roles, situated in predictable environments such as household settings or as concerned with their physical attractiveness. In a similar vein, in a study of female role portrayals in the UK, Lysonski [35] demonstrated that women are predominantly shown as concerned with their physical attractiveness, as housewives and as objects of sexual gratification.

Table 1. Literature overview in female role portrayals in magazine advertisements

<table>
<thead>
<tr>
<th>Authors</th>
<th>Period/context</th>
<th>Key Findings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Courtney and Lockeretz [46]</td>
<td>1970/USA</td>
<td>Stereotypes of dependency, housewife, sex object and women making unimportant decisions</td>
</tr>
<tr>
<td>Wagner and Banos [51]</td>
<td>1972/USA</td>
<td>Moderation of stereotypes identified by Courtney and Lockeretz</td>
</tr>
<tr>
<td>Venkatesan and Losco [52]</td>
<td>1959-1971/ USA</td>
<td>The portrayal of women as sex objects has decreased</td>
</tr>
<tr>
<td>Belkaoui and Belkaoui [47]</td>
<td>1958; 1970;1972/USA</td>
<td>Stereotypes of dependency, sex objects and women making unimportant decisions; some moderation in housewife or mother stereotype</td>
</tr>
<tr>
<td>Goffman [31]</td>
<td>1972-1989/ USA</td>
<td>Women depicted in subordination to male models and in licensed withdrawal from the physical scene of the advertisement</td>
</tr>
<tr>
<td>Poe [49]</td>
<td>1928, 1956, 1972/ USA</td>
<td>Women depicted less in competitive sports and more in recreational situations from 1928 to 1972</td>
</tr>
<tr>
<td>Klassen et al. [53]</td>
<td>1972-1989/ USA</td>
<td>Disproportionately high number of advertisements that portrayed women in traditional roles; yet there is progress toward depiction of women</td>
</tr>
<tr>
<td>Lyonski [8]</td>
<td>1974-1975; 1979-80/USA</td>
<td>Women shown less frequently as dependent upon men and more frequently as career-oriented</td>
</tr>
<tr>
<td>Lyonski [35]</td>
<td>1976; 1982-1983/UK</td>
<td>Women are depicted concerned with physical attractiveness; yet there is progress toward depiction of women</td>
</tr>
<tr>
<td>Ruggiero and Weston [50]</td>
<td>1971-1980/ USA</td>
<td>Women less frequently portrayed as having responsibility and power; women are frequently depicted in traditional occupations</td>
</tr>
<tr>
<td>Authors</td>
<td>Years</td>
<td>Country</td>
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<tr>
<td>Sexton and Haberman</td>
<td>1950-51; 1960-61;1970-71/USA</td>
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<tr>
<td>Sullivan and O’ Connor</td>
<td>1958-1983 USA</td>
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<tr>
<td>Ferguson et al.</td>
<td>1973-1987/ USA</td>
<td></td>
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<tr>
<td>Mitchell and Taylor</td>
<td>1988/UK</td>
<td></td>
</tr>
<tr>
<td>Zotos and Lysonski</td>
<td>1992-1993/ Greece</td>
<td></td>
</tr>
<tr>
<td>Wiles et al. [57]</td>
<td>Early 1990s/ The Netherlands, Sweden, USA</td>
<td></td>
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<tr>
<td>Piron and Young [58]</td>
<td>1986,1989 and 1992/ Germany and USA</td>
<td></td>
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<tr>
<td>Kang [60]</td>
<td>1979-1991 / USA</td>
<td></td>
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<tr>
<td>Lindner [61]</td>
<td>1955-2002 / USA</td>
<td></td>
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<tr>
<td>Döring and Pöschl [62]</td>
<td>2001-2003/ Germany</td>
<td></td>
</tr>
<tr>
<td>Mager and Helgeson [9]</td>
<td>1950-2000/ U.S.A</td>
<td></td>
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<tr>
<td>Tsichla and Zotos [3]</td>
<td>2011-2012/ Cyprus</td>
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</tbody>
</table>
Conversely, numerous studies seem to paint a different picture that challenges the proliferation of female stereotypical images in magazine advertisements [51] [52] [8] [53]. Klassen Jasper and Schwartz [53] suggested that since the early 1980s, traditional depictions of women have been decreasing. Similarly, a cross-cultural study of Piron and Young [58] between Germany and the US, documented that role portrayals of women in both countries have become more subdued. A shift in the type of stereotyping seems to occur, since traditional depictions of females in housewife and dependency roles—though still disproportionately used compared to “equality portrayals”—appear to decrease in favor of decorative images [56] [1] [57] [58] [59] [61] [2]. For instance, Mitchell and Taylor [56] reported a declining tendency of female displays in domestic and sex object roles, yet images of women in decorative roles prevail in female oriented magazine advertisements. Research by Zotos and Lysonski [1] in Greece further support this tendency, showing both a remarkable decrease in the appearance of women in household roles and as dependent on men, and an increasing display of females in non-active and decorative roles. Conversely, female depictions in professional settings and career roles are rarely promoted, and even in case they appear, women tend to be portrayed in clerical, sales and service type of jobs and not as executive professionals, decision makers and entrepreneurs [35] [50] [1] [57] [59] [2].

Evidence regarding female sexualized images in magazine advertisements is conflicting. Venkatesan and Losco [52] studied the role of women in print advertisements in the U.S. for the period 1959-1971 and argued that the depiction of women as sex objects has considerably decreased since 1961. On the other hand, According to Kang [60] the overall amount of sexism in magazine advertisements in the U.S. remained the same from 1979 to 1991. In a comparative study of magazine advertisements from 1983 to those from 1958 and 1970, Sullivan and O’Connor [54] documented that portrayals of women in decorative and sexualized roles have increased by 60% between 1958 and 1983. Carpenter and Edison [63] demonstrate an increase in the sexual representation of women, as female models are far more likely to be depicted as sexual beings than males. In a similar vein, Lindner [61] postulates that over the period from 1955 to 2002, women have been more frequently shown in sexualized ways or as adopting body postures that suggest the need for protection.

Recent research evidence seems to support the idea that female stereotyping is currently more subtle and indirect, aligning with the notion of benevolent sexism. Döring and Pöschl [62] conducted a study focusing in magazine advertisements for mobile communication systems, indicating that although traditional patterns such as family and housewife representations were rarely found, women are depicted in settings other than professional, mainly as relaxing and decorative. Furthermore, they display withdrawal positions and appear in nude or body revealing images more often than men. Mager and Helgeson [9], in a review of 50 years of magazine advertising in the United States, demonstrate that early female portrayals that placed women almost entirely in domestic settings and unable to make important decisions do no longer stand. Nevertheless, contemporary advertising pictorials continue to present women as dependent upon men’s protection. What’s more, the display of females as objects of sexual desire may have become even more prominent.

The pertinent literature generally agrees that gender role stereotypes vary across different magazine categories. Women’s magazines are found to exhibit a steady bias towards female decorative roles [56] [2]. Substantial levels of sexism are evident even in a study that monitored Ms Magazine that has an explicit commitment to non-stereotypic portrayals of women [55]. Male magazines are found to frequently display
sexist female portrayals in their advertising content [64] [40]. However, they include a higher fraction of female nontraditional roles compared to women’s magazines [53] [1]. General audience magazines tend to advance in “neutral” female portrayals [2] whereas they rarely display sexualized images [61].

To date, few studies have strove to explore the interplay of gender stereotypes and product types [65]. Livingstone and Green [66] found that males are more likely to appear in advertisements promoting expensive products while females are more often shown promoting cheap products. Ferguson, Kreshel and Tinkham [55] found varying levels of “sexism” in female portrayals across product categories. Plakoyiannaki and Zotos [2] demonstrated an association of hedonic products with female decorative roles whereas utilitarian products were related to a greater variety of stereotype categories including non-traditional, traditional and decorative roles.

Considering gender stereotypes as a phenomenon deeply rooted in the social and cultural context of a given society, female stereotypes in advertising have been examined either uniquely or in cross cultural comparative studies in a multitude of countries. The majority of the literature has sought to provide an understanding of the U.S. advertising context [11] [67]. However, a sound stream of recent studies explores the diffusion of female stereotypes in various cultural contexts. Gender images in television advertisements have been investigated in Portugal [68], Serbia and the UK [69], Turkey [70], Korea [71] and Bulgaria [72] (for a review see [73]). Similarly, gender portrayals in print advertisements were investigated in Greece [1], the Netherlands, Sweden and the U.S. [57], Italy [59], Germany and the U.S. [58] the U.S. and Saudi Arabia [74], the Netherlands and the UK [75], Hong Kong and Australia [76], Germany [62] and the UK [56] [2]. Overall, these studies suggest the existence of differences in gender representations in advertising imagery between countries of both similar and dissimilar cultural backgrounds.

4. Methodology

The vast majority of research studies conducted within the realm of gender stereotypes implemented quantitative content analysis so as to detect the specific types of stereotypical portrayals. Content analysis is chosen as it constitutes a “summarizing, quantitative analysis of messages that relies on the scientific method, including attention to objectivity/ intersubjectivity, a priori design, reliability, validity, generalizability, replicability, and hypothesis testing” [77, p. 10]. Further, content analysis is relevant in the particular context since it presents gender researchers with a set of useful tools for studying messages containing information about sex and gender roles [78] [79] [80]. A useful instrument for the investigation of female role stereotypes should reflect a variety of women's roles. Such an instrument is based in categories suggested and adopted by numerous studies in the field [47] [56] [35] [1] [2] and is presented in Table 2.

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Women in traditional Roles</strong></td>
<td></td>
</tr>
<tr>
<td>1. Dependency</td>
<td>Dependent on male’s protection; in need of reassurance; making unimportant decisions</td>
</tr>
<tr>
<td>2 . Housewife</td>
<td>Woman’s place is at home; primary role is to be a good wife; concerned with tasks of housekeeping</td>
</tr>
<tr>
<td><strong>Women in Decorative roles</strong></td>
<td></td>
</tr>
<tr>
<td>3. Women concerned with physical attractiveness</td>
<td>Women in pursuit of beauty and physical attractiveness (e.g. youthful)</td>
</tr>
</tbody>
</table>
4. Women as sex objects
   Sex is related to product; sex is related to product

5. Women in non-traditional roles
5. Women in non-traditional activities
   Engaged in activities outside the home (e.g. golf, football)
6. Career-oriented women
   Professional occupations; entertainer; non-professional; blue-collar
7. Voice of authority
   The expert

**Women portrayed as equal to men**
8. Neutral
   Women shown as equal to men

A very different approach for the investigation of stereotypes was suggested by Goffman [31]. He argued that gender hierarchical patterns may be denoted in a less obvious, covert fashion that is manifested in the semiotic cues transcribed in advertising imagery. In this light, he developed a coding scheme that focuses on subtle indications of cultural position and sexuality that signify gender relations. Hence, instead of recording conspicuous female roles this approach observes facial expressions, postures of hands, gaze aversion, body position and the relative size of men and women. The Goffman’s categories are illustrated and briefly explained in Table 3.

### Table 3: The Goffman’s stereotype categories

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Relative Size</strong></td>
<td>It is considered as a way to symbolically denote hierarchical structure, assuming that size correlates with social weight and status. Traditionally, it conveys male superiority over women and attributes the depiction of women in lower positions or shorter than men, occupying less space in the advertising visual.</td>
</tr>
<tr>
<td><strong>Feminine Touch</strong></td>
<td>Refers to women touching themselves or performing non-utilitarian touch like outlining, cradling or caressing an object. The face can also be used instead of hands to show light, delicate touch. Self-touching is also associated to women suggesting the preciousness of one’s own body. Instead, men manipulate or grasp objects.</td>
</tr>
<tr>
<td><strong>Function ranking</strong></td>
<td>Records the tendency of males to perform the executive role and take control of the situation when portrayed with a female. On the contrary, women are likely to follow instructions, be given orders and be cast in supporting roles.</td>
</tr>
<tr>
<td><strong>Ritualisation of Subordination</strong></td>
<td>Captures female postures that signal the need for protection and indicate submission. Such postures include the proclivity of lowering oneself physically, to lie down at inappropriate times, head or body cant, “puckish” or clowning positions, responding smiles, bent knee pose or being embraced by a man. Instead, males tend to be pictured in an erect position, holding their heads high, a posture that conveys an air of superiority and status.</td>
</tr>
<tr>
<td><strong>Licensed Withdrawal</strong></td>
<td>Refers to women shown as removing themselves psychologically from the situation at hand. They appear decontextualized, their attention drifts away, and their gaze is usually averted, avoiding action. Such a pose denotes vulnerability and reliance on male protection. On the contrary, men tend to stay attuned and ready for action.</td>
</tr>
</tbody>
</table>
5. New Directions for Research

Since the stereotype categories of the above coding schemes were developed some decades ago, considerable skepticism regarding their validity in the current, more complex and fluid socioeconomic context could be warranted. The advent of the internet that broke new grounds in marketing by the introduction of new platforms as advertising vehicles, the postmodern characteristics that are more than evident in the contemporary society, and the growing need to target the long neglected market segments of lesbian, gay, bisexual and transgender consumers, paint a multilateral picture that bears little similarity to the 60s when the interest in gender stereotyping began to flourish.

The internet revolution of the last few years propelled the widespread use of web applications, new electronic media, social networks, and the development of customized, interactive and digital opportunities that altered the traditional pattern of mass advertising decoded by a passive audience. Online advertising is excessively used today, and similar to print advertising relies on visual images to convey messages to the audience. Hence, the applicability of a coding scheme in online advertising is an interesting area where a dearth of academic research is evident. A first step to fill this gap was made by Plakoyiannaki et al. [29] who used the instrument in Table 2 to content analyze 600 online advertisements collected from high-traffic web pages. The findings highlighted the portrayal of females mainly in traditional and decorative roles. On the other hand, some progress was recorded in the use of non-traditional and egalitarian cues in female portrayals. Hence, the particular study suggests that the applicability of the coding scheme can be extended away from the realm of print advertising to virtual contexts as well.

Quite recently, companies seem to direct considerable attention to the previously largely ignored lesbian/gay/bisexual/transgender (LGBT) consumers in an effort to broaden their customer base by the identification of new lucrative market niches (e.g. IKEA, Calvin Klein, Benetton or the tobacco industry). Advertising strategies to LGBT consumers can be overt by the expression of explicit messages, showing for instance, a gay male couple. Conversely, advertisers often create covert strategies using implicit messages. For instance, through the use of coded representations which appear innocuous to heterosexual readers, but possibly interpreted as “gay” by bisexual, lesbian and gay readers [81] they may effectively communicate with their target audience. This strategy is known as “gay window advertising” [82, p. 187] and its development stems from advertisers’ fear of alienating heterosexual consumers [83] [84]. According to Kahn [85], such advertising messages include the use of a single person instead of an opposite sexed couple, the display of attractive and stylish crowd scenes with no obvious heterosexual couples and the representation of androgynous body parts. It is apparent that neither such ambiguous portrayals nor overt LGBT role portrayals could be effectively captured using the existing coding schemes. Particularly, although the coding instrument for female role portrayals facilitated the conduction of numerous studies proving for the most part to be suitable and valid, its improvement so as to effectively capture aspects that pertain to LGBT seems a promising direction that could breathe new life in the investigation of female role stereotypes. New coding categories should be considered, able to account for explicit homosexual models as well as implicit androgynous displays.

The cultural, philosophic, social and scientific movement of postmodernism that is suggested to prevail in today’s society [86] bears important implications for marketing practice as well. A significant premise of postmodernism is the blurring of boundaries and the rejection of absolute truths: “postmodernism is when we get to
know that questions do not lead to definite answers” [87, p. 405]. In this light, marketing practice should accept the supremacy of subjectivity acknowledging that “the target may be moving, that the target composition may be changing, and thus that target positioning may be inconstant” [88, p. 149]. Critical aspects of postmodernism such as fragmentation, decentering of the subject and juxtaposition of opposites provide a specific lens under which contemporary advertising can be examined. Fragmentation, the breaking up into parts and erasing of the whole [89] is evident more than ever in advertising pictorials, especially in female body depictions. The coding of fragmented body parts with the existing coding categories is problematic, as the apperception of clear female roles in such representations is questionable. Similarly, the decentering of the subject implies that individuals experience a lack of unified orientation and move between different roles and characters. Therefore, advertising imagery is likely to reflect a blurring of distinct roles and stereotypes, posing challenges to a concise labeling and coding as well. Finally, the juxtaposition of opposites, the simultaneous co-existence of contrasted and differentiated poles, implies that an advertising pictorial may display female characters in various roles posing serious problems in the content analysis procedure that requires the identification of one dominant stereotype per advertisement. However, recent studies that implemented the coding instrument of Table 2 (e.g. [2] [3] [16]) produced results that can be interpreted by a postmodern viewpoint: The remarkable rise of female decorative portrayals seems indicative of the postmodern society that deifies images and symbols, differentiates narcissistic ideals and propels consumers to continually attend to their identity through consumption. In this light, in order to ensure that postmodern advertising imagery can be accurately coded in a content analysis, attention should be directed to the classification of fragmented body parts versus whole people. The volatility of roles in postmodern advertising could also suggest that a coding instrument should not confine the identification of a single role stereotype in an advertisement, but the labeling of multiple roles could be possible. Such a coding scheme may highlight the elucidation of mixed patterns of role portrayals.

Likewise, the Goffman’s coding scheme could benefit from the consideration of new categories of subtle stereotyping that manifest themselves in the contemporary postmodern advertising context. For instance, Kang [60] has developed and examined dimensions such as Body display (females are more inclined than men to be wearing revealing clothes or in nude representations) Independence and Self-assertiveness. Umiker-Sebeok [90] further examined Location, Movement and Risk-Taking, whereas Lindner [61] was also interested in Movement and Objectification. Moreover, future studies could focus on the combination of the two coding schemes (the female role portrayals coding instrument and Goffman’s categories) intending to unveil whether the use of indirect stereotyping differs across i.e. traditional, decorative, professional or neutral female displays.

Even though female stereotypes in advertising is a topic that received considerable academic scrutiny, interested researchers could still follow interesting research avenues that may enrich existing knowledge. The interplay of Hofstede’s [91] [92] masculinity dimension with female role portrayals is a direction where a paucity of research is apparent [75]. In a seminal study in the field of cross-cultural differences, Hofstede suggested a social structure with the following five dimensions that encapsulate societal differences: power distance, uncertainty avoidance, individualism/collectivism, short-term/long term orientation and masculinity/femininity. The latter dimension measures the extent to which social gender roles are clearly distinct. Masculine countries are inclined towards distinct expectations of the roles males and females are supposed to play in a society: Males are regarded as assertive, tough, money-earners with little concern for others, while females are supposed to be more tender, family oriented and modest. On the other hand, in feminine countries, gender roles are not clearly defined [91] [93]. Wiles, and
Tjernlund [94] demonstrated that in a masculine country (U.S.) women were more frequently displayed in decorative roles compared to a feminine country (Sweden). In a similar vein, Odekerken-Schröder, De Wulf and Hofstede [75] found that females are depicted more often as sex objects and less in professional roles in a masculine country (UK) compared to a feminine country. However, conflicting evidence regarding other female portrayals poses the necessity for further research in the topic.

Further, most studies in female portrayals in advertisements do not distinguish between unique female portrayals from female pictures in interaction with a male counterpart. Such an approach may cloud interesting patterns that may be found regarding the diverse roles performed by females depending on a male’s presence. Indeed, a recent study by Tsichla and Zotos [3] highlight that when women appear on their own, they tend to be largely depicted in decorative roles. On the contrary, when they are captured in the presence of a man, such roles dramatically decrease, followed by an increase of traditional and neutral representations. Even though the aforementioned study represents a first step to advance knowledge in this underexplored area, further research is needed in order to enhance its generalizability.

References


